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# Vash Mail

## Medicine in Ancient Civilization.

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### **Ancient Egyptians**

Ancient Egyptians used to believe that the Gods would heal their injuries and help them recover from illnesses. Priests (who were also physicians) had the belief that air, blood, urine and tears were routes into the body. This was their main concept on healing people. Some methods for healing diseases were bloodletting and the use of leeches. Examples of bloodletting and leeches are on the right.



### **Ancient Greeks**

Ancient Greeks used to believe that health was affected by things such as: social status, diet and mindset. Many of their beliefs were based on physical and spiritual matters. Earlier on, Greeks believed that being ill or catching diseases were due to God punishing you and that your healing was due to a gift from the Gods. Later on this mindset shifted from more spiritual aspects to more physical ones, such as your environment and the things you did to your body is what made you ill.



### **Ancient Romans**

Ancient Romans were the first to arrange healthcare for people like soldiers after war.